



Nursing, Sunshine Coast University Hospital Extended Day Surgery Unit - EDSU

Location

6 Doherty Street,
Birtinya Qld 4575
Phone: 5202 8091
Purple Lift Level 2

Shift Times

Early (EC)	Late (LA)	Late (LE)	Late (L)
0600 - 1430	1200 - 2030	1300 - 2130	1430 - 2300

Shift times may vary dependant on the clinical requirements of each area, please ensure you are familiar with your rostered shift times and any variances at commencement of placement (weekend shift times etc.)

Placement Details

EDSU is the admission point for all elective surgery within the Sunshine Coast University Hospital. Pod 2 & 3 facilitates all elective surgery admissions and second stage recovery for day surgery cases, with Pod 6 operating as 12 bed surgical inpatient unit.

Pod 2 and 3 Elective Surgery Admissions / Stage II Recovery

Within the Extended Day Surgery Unit Pods 2 and 3 you will provide care for adult and paediatric patients admitted for elective surgical procedures from all surgical disciplines, MRI under general anaesthetic, and surgical management of early pregnancy loss. Nursing care provided within this area includes surgical admission assessment and preparation including following surgeons' standing orders, second stage post-anaesthetic recovery, and criteria led discharge for day procedure patients. EDSU Pod 2 and 3 offers a combined total of 23 beds and operates Monday to Friday

Learning Objectives/Opportunities

- Preoperative assessment and post-operative recovery of adult & paediatric patients
- Medication administration
- Criteria led discharge
- Pre-operative infusions
- Clinical Handover
- Documentation including day surgery and inpatient charts
- Understanding essential elements of valid consent
- Understanding and use of 'paracetamol for use as preoperative analgesia' standing order
- Time management – combined pre & post-surgical patients within each pod
- Pain assessment and management
- Providing condition-specific discharge education
- Therapeutic patient communication
- Patient handling



Pod 6 – 23 Hour Short Stay Surgical Ward

The Extended Day Surgery Unit Pod 6 is a 12 bed acute surgical inpatient unit providing care for adult patients requiring a 23 hour post-procedure admission. Common surgical procedures admitted to Pod 6 include urological procedures (e.g. cystoscopy, insertion / change of ureteric stents, TURP, TURBT), general surgical (e.g. thyroidectomy, parathyroidectomy, cholecystectomy, appendectomy, mastectomy), gynaecology procedures (e.g. vaginal, laparoscopic and abdominal hysterectomy, TVT) and minor orthopaedic procedures.

Learning opportunities/Opportunities

- Admission assessment and post-operative recovery of adult patients
- Medication administration – oral, intravenous & subcutaneous
- Pre-operative & post-operative intravenous infusions including patient controlled analgesia
- Clinical Bedside Handover
- Documentation of patient progress within ieMR inpatient charts
- Management of continuous bladder irrigations
- IDC insertion and management
- Trial of void following IDC removal
- Time management – cohort of pre & post-surgical patients
- Pain assessment and management
- Condition-specific patient education and discharge planning
- Therapeutic communication with patients
- Mobility assessment and safe patient mobilization
- Management and removal of surgical drains
- Wound assessment and wound care

Pre- reading/revisiting - Assessment, monitoring and care of surgic and comprehensive assessment and prioritisation of care using complex scenarios would be recommended prior to commencement of clinical placement. Also completing “The view from here” on LMS would assist in promoting appropriate communication and safe patient care.