



## Nursing, Nambour General Hospital Mental Health - LGE

### Location

Hospital Road, Nambour QLD 4560

Phone: 5470 6217

**Block 6, Blue Lifts**, Lower Ground floor

### Shift Times

Early (E)	Late (LE)	Night (NW)
0700 - 1530	1300- 2130	2100 - 0730

Shift times may vary dependant on the clinical requirements of each area, please ensure you are familiar with your rostered shift times and any variances at commencement of placement (weekend shift times etc.)

### Placement Details

The acute mental health inpatient services are located at the Nambour General Hospital. The unit provides short to medium term inpatient assessment and treatment services for people experiencing serious episodes of mental illness. The length of stay is determined by multiple factors including the severity of the consumers' condition, their response to treatment and their current support networks. The acute inpatient service aims to provide a multidisciplinary specialist approach to assessment and treatment, supporting evidence-based clinical interventions in a consumer-friendly environment. The focus of care is on building resilience, sharing responsibility for recovery and promoting partnerships between the consumer, carer, families and clinicians.

### Learning Objectives/Opportunities

- Assess the health status of a consumer e.g. Mental Status Examination; Risk Assessment and document this adequately, maintaining ethical and legal standards of documentation in consumer's medical records
- Implement nursing interventions for responding to alterations in consumer's mental status.
- Develop an understanding of the specific pharmacological agents used in contemporary mental health care
- Develop an awareness of how risk is identified and managed within contemporary mental health care.
- Participate in referral of consumers for intra agency/specialist support, assisting in the planning, implementation and evaluation of the consumer's continuity of care
- Identify legal, ethical and/or professional standards that apply to the care of assigned consumers
- Develop "working knowledge" of the Mental Health Act and other relevant acts of legislation used within contemporary mental health care e.g. Guardianship Act
- Evaluate progress towards expected consumer outcomes
- Communicate with members of the interdisciplinary health care team
- Communicate with clients in stressful circumstances e.g. loss and grief; anxiety and perceptual abnormalities
- Learn and apply Safe Wards to assist in de-escalation of patients and ward environment making a safer environment for patients and staff.

### Pre- reading/revisiting

Assessment of mental health status, Introduction to patient assessment and care planning (including psychosocial, physical, behavioural, mental health) would be recommended prior to commencement of clinical placement