



## Nursing, Sunshine Coast University Hospital Mental Health - Adult Acute Inpatient unit

### Location

#### Mental Health Inpatient Units

Dunlop Lane (Entrance 5), Off Barney Moy Lane  
Birtinya QLD 4575  
Phone: 5202 2266

### Shift Times

Early (E) Mon - Sun	Early (EF) Mon - Sun	Late (LE) Mon-Fri	Late (L) Sat/Sun/PH	Night (ZW) Mon - Fri	Night (N) Sat/Sun/PH
0700 - 1530	0700 - 1330	1300 - 2130	1430 - 2300	2100 - 0730	2100 - 0730

Shift times may vary dependant on the clinical requirements of each area, please ensure you are familiar with your rostered shift times and any variances at commencement of placement (weekend shift times etc.)

### Placement Details

The Adult Mental Health Acute Inpatient Unit (MHAIU) provides 24-hour mental health care and crisis intervention to persons over the age of 18. Adults will be supported in a safe, structured, highly supervised, and therapeutic environment during an acute episode of mental illness. The core business of the Adult MHAIU is to provide high quality, multidisciplinary, evidence-informed, recovery focussed specialised mental health care, including diagnostic assessment and clinical interventions within a biological /psychological/ social framework. Collaboration with consumers, families and/or carers in all aspects of care planning and delivery is paramount, with an overarching premise that people can and do recover from mental illness. This treatment enables the consumer to maintain hope, build on their strengths, enhance their self-esteem and opportunities for social inclusion, and promote resilience and recovery-focussed outcomes upon their transfer of care to the community setting.

### Learning Objectives/Opportunities

- Assess the health status of a consumer e.g. Mental Status Examination; Mini Mental State Examination and be able to document this adequately
- Implement nursing interventions for responding to alterations in consumer's mental status, fluid balance and nutritional status
- Demonstrate an understanding of the specific pharmacological agents used in contemporary mental health care
- Demonstrate an awareness of how risk is identified within contemporary mental health care, and how it is managed
- Participate in referral of consumers for intra agency/specialist support
- Assist in the planning, implementation and evaluation of the consumer's continuity of care
- Identify legal, ethical and/or professional standards that apply to the care of assigned consumers
- Be able to demonstrate an awareness of the Mental Health Act and other relevant acts of legislation used within contemporary mental health care e.g. Guardianship Act
- Communicate with members of the interdisciplinary health care team
- Communicate with clients in stressful circumstances e.g. loss and grief; anxiety and perceptual abnormalities
- Using a reflective framework, evaluate their own learning throughout the clinical placement



**Pre- reading/revisiting** - Mental Health Care and Health, Law and Ethics and an understanding of the Mental Health Act Qld would be recommended prior to commencement of clinical placement.