



Nursing, Sunshine Coast University Hospital Rehabilitation Unit

Location:

6 Doherty Street,
Birtinya Qld 4575
Phone: 5202 1155
Purple Lift Level 5

Shift Times

Early (E)	ED	LE	L	Night (NW)	Night (N)
0700 - 1530	0630 - 1500	1300 - 2130	1430 - 2300	2100 - 0730	2245 - 0715

Shift times may vary dependant on the clinical requirements of each area, please ensure you are familiar with your rostered shift times and any variances at commencement of placement (weekend shift times etc.)

Placement Details

The primary purpose of the Rehabilitation Unit is to provide individuals who have lost their ability to function at their usual level due to illness or injury, the opportunity to maximise their function. The Rehabilitation Unit consists of 48 designated rehabilitation beds across 2 inpatient unit areas (with 25 open at present). The SCUH Rehabilitation Unit is the major provider of public high intensity rehabilitation programs on the Sunshine Coast. With a strong multidisciplinary team (MDT), patients are provided with high intensity rehabilitation 6 days a week. There will be a variety of case mixes within the Rehabilitation Unit, for example:

- Traumatic Brain Injury
- Multi-trauma patients
- Acquired Brain Injury (including stroke),
- Orthopaedic patients requiring intense rehab,
- Complex reconditioning
- Amputation
- Neurological disorders

Learning Objectives/Opportunities

- Documentation - nursing notes and other assessments
- Complex medication management
- Medication administration: Oral, Subcutaneous (SC) and Intravenous (IV) administration
- Patient manual handling
- Enteral feeding
- Wound care
- Work alongside allied health and the MDT, a collaborative approach to holistic patient care is essential
- Assessments: skin integrity, falls and mobility risks, wound, neurological and head to toe
- Becoming familiar with the importance of the allied health team by following patients into the therapy areas

Pre- reading/revisiting

Anatomy and pathophysiology, assessment and care planning and therapeutic communication and documentation would be recommended prior to commencement of clinical placement.