

Standing Strong on Murri Country



Sunshine Coast and Gympie area

Aboriginal and Torres Strait Islander Services Reference Guide



Sunshine Coast
Hospital and Health Service



Queensland
Government

Acknowledgement

Thanks to all who have contributed, participated and been involved in the development of this Aboriginal and Torres Strait Islander Services Reference Guide.

Our thanks especially to our traditional custodians, the Gubbi Gubbi/ Kabi Kabi and Jinibara peoples on whose lands we provide services, for their support in the development of this document.

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With our thanks also to our Communications and Engagement Team for their time spent on this project.

Online version can be found here



RAP Artwork (cover art)

The story of our RAP is represented in painting by Aboriginal and Torres Strait Islander students attending Nambour State College, facilitated by local Gubbi Gubbi artist Brent Miller. The artwork symbolises the student's individual ideas of reconciliation to create the story of the journey that has been, and the future that lies ahead.



Students

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General Health and Wellbeing

Sunshine Coast Hospital and Health Services (SCHHS):

Aboriginal and Torres Strait Islander Health Team,
Sunshine Coast and Gympie – [Health Team webpage](#)

Hospital Liaison Officers:

A cultural connection for patients and their families who are staying in our health facilities and for staff working within the SCHHS. Provide advocacy for Aboriginal and Torres Strait Islander people and their families, or carers, ensuring patients receive optimal care and respect during hospital stays.

Sunshine Coast University Hospital.....	5202 0022
Nambour General Hospital	5470 5316
Maleny and Caloundra Health Services.....	5436 8894
Gympie General Hospital.....	5489 8452

Preventable Hospitalisation Program:

A multi-service, community-based team supporting clients to achieve better health outcomes. Work with clients who need support with diabetes, exercise physiology, nutrition, eye health, social, emotional, and cultural wellbeing, and case management with complex health needs.

Our team deliver health education programs in community, schools and on men's and women's business.

Caloundra.....	5479 9852
Nambour.....	5479 9852
Gympie.....	5489 9608

Community Health Centres:

Diabetes, child health, nutrition, parenting programs, allied health, antenatal and postnatal care.

Caloundra, West Terrace	5436 8552
Maroochydore, 60 Dalton Drive	5202 9510
Nambour, Centenary Square, 62-64 Currie Street	5450 4750
Noosa, 14-16 Bottlebrush Ave	5449 5944
Gympie, 20 Alfred Street	5489 8690

Hospitals and Health Services:

Sunshine Coast University Hospital (SCUH)	5202 0000
6 Doherty St, Birtinya Qld 4575	
Nambour General Hospital (NGH)	5470 6600
Hospital Rd, Nambour Qld 4560	
Caloundra Health Service	5436 8500
2 West Terrace, Caloundra Qld 4551	
Minor Injuries and Illness Clinic (MIIC)	
8.00am to 7.00pm, seven days	
Gympie Hospital	5489 8444
12 Henry Street, Gympie Qld 4570	
Maleny Soldiers Memorial Hospital	5494 2208
17 Bean Street, Maleny Qld 4552	

Health Services—Dental and Child Health

Sunshine Coast Hospital and Health Service - Dental Services

sunshinecoast.health.qld.gov.au/services/dental

Oral Health (Dental) Services for Adults

Dental Hotline.....	1300 300 850
Caloundra Dental Service (on Hospital grounds)	5436 8801
Nambour Dental Service (on Hospital grounds)	5470 6758
Kawana Dental Service (Kawana Island Blvd)	5438 4200
Noosa Dental Service (Noosa Community Health)	5449 5900
Gympie Dental Service (on Hospital grounds)	5489 8437

Oral health for Children and Teens (2-17yrs)

Caloundra School Dental.....	5491 1311
Nambour School Dental	5441 2763
Maroochydore School Dental.....	5443 3929
Gympie area bookings	5489 8437
Kawana area bookings.....	5438 4200
Noosa area bookings.....	5449 5900

Youth and Family matters

Child Health Services - Sunshine Coast Hospital and Health Service (SCHHS)

Child Health Access..... 1300 591 494

The Child, Youth and Family Service (CY & FH) is a free SCHHS service, providing highly trained health professional support to families. Parents may self-refer to some services.

E: childhealthaccess@health.qld.gov.au

Youth and Family matters

Kids Helpline – www.kidshelpline.com.au 1800 551 800

Headspace – www.headspace.org.au 1800 650 890

ParentLine – www.parentline.com.au 1300 301 300

Reachout – www.au.reachout.com

Online information, support, and resources about mental health issues for parents, carers and young people.

SunnyKids – Buddies and School Programs.....5479 0394

www.sunnykids.org.au

IFYS Youth Support Programs.....5438 3000

Varying support programs for young people experiencing hardship.

www.ifys.com.au

Circles of Support (COSY)..... 1300 621 499

Community Solutions, 107 Currie Street, Nambour

Supporting young people at risk with case management, referrals, and group programs.

E:info@communitysolutions.org.au

www.communitysolutions.org.au

Community Action Youth Service - Gympie.....5482 6188

Emergency Accommodation (16-25yrs), information, support, and referrals for

youth related issues (12-25yrs) Monday to Friday 8.30am to 4.30pm

Emergency Relief Hours: 1.00pm to 3.00pm Monday to Friday

www.communityactiongympie.com.au

E:youthadmin@communityactiongympie.com.au

One Mob.....Brett Davis - 5370 2051

Youth Mentoring – Bringing People Together. Youth mentoring through connection to country and culture. Programs located on the Sunshine Coast, Moreton Bay, and Gympie Regions. Online referral. Youth Work Support, Cultural Connection, Young Men’s Program, Pre and Post Release Program, Respite and Emergency Accommodation.

E:admin@one-mob.com.au

www.one-mob.com.au

Family Services

Thriving Families 07 5476 4933

Mobile contacts 0411 576 564 or 0421 880 494 or 0434 597 595

What we do at Thriving Families Family Support:

- Individual Family Support – meeting families where they are at
- Community playgroups – ages up to primary school, including home schooled children
- The Nest – 0 to 12 months bubs and pregnant mums
- Circle of Security
- Reset
- Adventure Fridays – All aged children and family fun afternoon
- Peer-to-peer opportunities
- **The Wellness Nest** - A mental, physical, and social wellbeing group for mums and new bubs and pregnant women.
Free – just rock up! Hosted by Thriving Families social workers.

Mondays 9.30am – 11.30am, Nambour Community Centre, 2 Shearer Street, Namba.

Aboriginal and Torres Strait Islander Family Wellbeing Services ... 1300 117 095

Provide free, confidential advice and support for families and children of all ages. They will walk alongside you and your family to keep your children safe, strong and connected to culture.

www.familywellbeingqld.org.au

Family Relationship Advice Line 1800 050 321

www.familyrelationships.gov.au

Relationships Australia—Qld (RAQ) 1300 364 277

Providing culturally respectful counselling and support services.

Australia-wide— Mon to Fri 8.00am to 8.00pm / Sat 10.00am-4.00pm

www.raq.org.au

Women's Business Supports

Gympie and District Women's Health Centre..... 5483 6588

Providing counselling, Women's Sexual Health support, yoga groups and more

21 Alfred St, Gympie

E: gwhealth@spiderweb.com.au

www.gwhc.com.au

Cooroy Family Support Centre 5447 7747

Providing support for Women and children affected by domestic and family violence.

Affiliated with Sunny Kids Inc..... 5479 0394

NCACCH—Women's group 5436 9800

Regular gatherings with guest speakers sharing about health, nutrition, exercise, craft, movie days and more.

Little beginnings Young Mums' Program 5482 6188

(15-25yrs) Pregnancy and up to 12 months, held in Gympie and run by Community Action Youth Service.

North Coast Women's Health Centre – Mooloolaba..... 5444 8077

E: reception@northcoastwomenshealth.com.au

www.northcoastwomenshealth.com.au

Social Groups:

Gympie Mums Group— “Sprouts” contact via Facebook.

Free (non-judgmental) group, sharing a cuppa, information, and support while kids play.

A place to meet new people in a respectful environment.

Held at Expansion Church, 38 Fritz Road, Chatsworth Qld 4570

Health hotlines:

13 HEALTH..... 13 43 25 84

Confidential phone service that provides health advice to Queenslanders. You can phone and talk to a registered nurse 24 hours a day, 7 days a week for the cost of a local call.

Pregnancy, birth and baby helpline 1800 882 436

General advice and counselling about pregnancy, childbirth and parenting for the first year.

Women's Sheds:

Women's Business Supports

Coolum 26 Research Street (run through the Men's Shed)
 'Connection through recreation'.
 Contact via website www.thewomensshed.org or Facebook

Noosa (in development) – currently meeting at Noosa Community Support Centre, 11 Wallace Drive, Noosaville (tool-based skills).
 Contact via Facebook (Noosa Women's Shed) or www.noosawomensshed.com.au

Caloundra (in development)
 Contact via Facebook (Caloundra Women's Shed)

Glenwood (Gympie)
 Contact via Facebook (Glenwood She Shed), private group

Gympie - Gympie Women's Shed
 Contact via Facebook

Men's business supports

Services offering support and referral for all men and their families on relationships, health, parenting advice, as well as support with social and emotional wellbeing and domestic violence.

Brother to Brother – 24 Hour Crisis Line (Dardi Munwurro) 1800 435 799
 E: info@dardimunwurro.com.au (office in Preston VIC, T: 8456 3044)

Mens Line 1300 78 99 78
 Helpline available 24/7 via phone or online. Talk it over with qualified counsellors, providing free real time support. No referral needed.
www.mensline.org.au

Men's sheds: 1300 550 009
www.mensshed.org for up-to-date information and contact numbers.

Buderim (Kuluin)	54452202/0414 379 932
Caloundra	0493 478 886
Glasshouse (Beerwah)	0484 549 214
Coolum.....	0418 298 221
Cooroy.....	0435 481 108
Gympie.....	0491 736 796
Maleny.....	0417 743 440
Mapleton	0424 655 705
Maroochydore	0407 624 459
Montville.....	0409 769 659
Mooloola Valley.....	0408 887 626
Nambour.....	5441 2527
Noosa.....	0402 595 094
Northside Aboriginal & Torres Strait Islander Men's Shed.....	07 3156 4800
West Woombye.....	0498 463 430
Yandina.....	5472 7254

Elders Supports

Older Persons Programs (Uniting Care) 1300 135 500

Callers can ask to speak to our Aboriginal Health Worker, happy to take your call

www.seniorsenquiryline.com.au

My Aged Care (MAC) 1800 200 422

Assessment based access to aged care services, to help you stay independent at home longer.

www.myagedcare.gov.au

Elder Abuse Prevention Unit Helpline 1300 651 192

www.eapu.com.au

IUIH Home Support and Elder Respite 1800 802 265

Older Persons Mental Health Team (SCHHS) 5202 9500

Based at 60 Dalton Drive, Maroochydore

Department of Veterans Affairs (DVA) 1800 838 372

Department of Veterans Affairs (DVA) Provider Line. 1800 550 457

Veteran Home Care Assessment Agency 1300 550 450

Grandparents Information Line 1300 135 500

Phone Monday to Friday 9am to 5pm – for information and bookings.

The program is for grandparents who are the primary carer of their grandchildren and are not receiving the fostering allowance; relative/kinship carers approved by the Department of Child Safety, Seniors and Disability Services.

www.grandparentsqld.com.au or

www.qld.gov.au/seniors/grandparenting/raising-grandchildren

Disability Support Services

First Peoples Disability Network 02 9267 4195

FPDN is committed to promoting the rights, interests, and wellbeing of people with disability, providing referrals to partnering organisations for individual support.

E: enquiries@fpdn.org.au

www.fpdn.org.au

Ask Izzy – www.askizzy.org.au

An easily accessible directory of community support services, helping Qld families find support with housing, a meal, money help, family violence support, counselling and much more. It is free and anonymous and if you are with Telstra or Vodafone mobile networks, you can access Ask Izzy on your phone even if you do not have credit or access to Wi-Fi.

Refocus 5442 3992

Aboriginal and Torres Strait Islander Child & Family Support Services

www.refocus.org.au

Diversicare for new referrals 1300 348 377

Community Care Home Support and Home Care Package

www.diversicare.com.au

National Disability Insurance Scheme (NDIS) information:

NDIS National Office 1800 800 110

www.ndis.gov.au

Carers Qld First Nations Local Area Coordinator,

Tracie Morrison, Yuin woman 5409 3300

E: Tracie.Morrison@ndis.gov.au

Based at the Maroochydore Office, provides support in NDIS application process and referrals to community supports.

Carers Australia – Carer Gateway 1800 422 737

select '1' for local service provider. Carers can access free supports including planned and emergency respite.

carersaustralia.com.au/about-carers/aboriginal-torres-strait-islander-carers/

Community Solutions (NDIS) 1300 770 145

www.communitysolutions.org.au/ndis-services

Emergency relief

Salvation Army..... 1300 371 288

Kyabra (Nambour)..... 5441 3837

St Vincent de Paul - Family support..... 5491 2800

Suncoast Christian Care..... 5441 4877
E: mail@suncoastcare.com.au

Integrated Family and Youth Service (IFYS)
37 Dalton Drive Maroochydore..... 5438 3000
E: admin@ifys.com.au

IFYS—Emergency Relief..... 5438 3000

Sleeping Rough Supports:

The Shack Community Centre – Price Street, Nambour..... 5441 5928
Mentoring and support for young people, community meals weekdays, shower facilities, emergency relief—food, blankets.
www.theshackcommunitycentre.com.au
E: admin@theshacknambour.org.au

Orange Sky Laundry..... 3067 5800
Laundry and shower service on Sunshine Coast (client can contact direct)
www.orangesky.org.au

Youturn Youth Support - Homelessness Service..... 5442 4277

Homeless Persons Information Qld Hotline..... 1800 474 753

Community Action Housing Service – Swags available..... 5482 8959

Aboriginals Hostels Ltd www.ahl.gov.au
Provide temporary accommodation and support services, access to education, employment, health, and other services.

Women's and Children's crisis accommodation

Domestic Violence Hotline (DV Connect) 24 Hr..... 1800 811 811
Provide emergency transport and accommodation options (including pets) in Queensland, and education through training programs.
www.dvconnect.org

Services with short term accommodation:

Supported accommodation for women and children affected by family violence.

Kyabra..... 5441 3837

Sunshine Sanctuary..... 0423 382 567

Najidah Women and Children Refuge (Sunny Kids)..... 5479 0394

ErinHouse – Community Action—(DV refuge)..... 5482 7973

Lily House..... 0421 451 514

Domestic Violence counselling support:

Cooroy Family Support Centre..... 5447 7747
Providing support for Women and children affected by domestic and family violence. Affiliated with Sunny Kids.

Gympie and District Women’s Health Centre..... 5483 6588

Centacare Family and Relationship Services (CFRS)..... 5430 9300
Sunshine Coast Regional Domestic and Family Violence Service,
DV counselling free www.scopedv.org

Laurel Place Gympie/Murgon..... 54827911

Laurel Place Maroochydore..... 5443 4711

Providing culturally safe counselling and groupwork for children, families, and adults. Referral can be from the client or a health professional. Free of charge.

www.laurelplace.com.au/index.php/services/counselling

Addiction support services

Sunshine Coast Hospital and Health Service:

Alcohol, and Other Drugs Service (AODS)

Nambour Community and Mental Health 5319 4899
C-square, 62-64 Currie Street, Nambour. Community based service which is part of the Mental Health and Addiction Service and specialises in the assessment and treatment of individuals with alcohol and/or drug(s) problems.

E: SC-ATODS-SunshineCoast@health.qld.gov.au

sunshinecoast.health.qld.gov.au/services/alcohol-and-other-drugs

ADIS 24hr Alcohol and Drug Support 1800 177 833

Based at Biala Community Health Centre, Ground Floor, 270 Roma Street, Brisbane. Providing counselling and referral for outpatient and inpatient detox support and opioid replacement therapy.

www.adis.health.qld.gov.au

Inpatient Drug and Alcohol Detox Services:

Royal Brisbane and Women's Hospital (RBWH)

Inpatient medically supervised detoxification, moderate to severe dependence. Access to this service requires an assessment (external or presenting to the RBWH Emergency Department between 8am and 7pm, 7 days).

Hospital Alcohol and Drug Service (HADS) 3646 8704

Salvation Army services:

Moderate to low dependence detoxification and recovery support.

Rehabilitation..... 3369 0922

Detox..... 3369 0355

Moonyah – Red Hill (Brisbane) E: brs.enquiries@salvationarmy.org.au

www.salvationarmy.org.au

Fairhaven and Pathways..... 1300 111 827

Southport, Mt Tamborine (Gold Coast) salvationarmy.org.au

Other Government Drug and Alcohol Support Services:

QuiHN 5443 9576

Sunshine Coast Mon to Fri 9am to 7pm (excluding public hols) Peer support, needle exchange, Hepatitis and AIDS prevention and education, counselling, intervention, and referral.

Addiction support services

Community Diversion Programs 5202 9522

Advice and support for clients diverted from the justice system through the Police Diversion Program (PDP), Illicit Drugs Court Diversion Program (IDCDP), and Changing Violent Behaviour Program (CVB).

Residential Rehabilitation/Recovery Services:

Najara Therapeutic Community 5476 0877

Group work and individual support with professionals aiming to address specific needs of clients. Nambour based; activities are designed to promote personal change. E:

info@whos.com.au

www.whos.com.au

Lucinda House and House of Hope (St Vincent de Paul) 0408 356 311

Self-referral residential program for women only.

The Haven 0408 356 311

Self-referral residential program for men only.

Community based AODS support:

Drug Arm 1300 656 800

PHN Gympie Health Hub, 4 Horseshoe Bend, Gympie..... 5482 6770

www.drugarm.com.au

Addiction Support Hotlines:

Lifeline 13 11 14

Alcoholics Anonymous (AA) Sunshine Coast 0457 119 009

Alateen - via online Zoom meeting, contact Co-Ordinator E: sqalateen@gmail.com

Quitline..... 13 78 48

Narcotics Anonymous Australia 1300 652 820

Will connect you to Sunshine Coast contact. www.na.org.au

Nar-Anon Family and Friends – contact Janet (Sunshine Coast) 0414 252 684

Zoom meetings also available. www.naranon.com.au

Clean Needle Helpline (24hr) 1800 633 353

Family Drug Support (24hr)..... 1300 368 186

Gambling Help Line (24hr) 1800 858 858

Gamblers Anonymous (Brisbane)..... 0467 655 799

E: garsoqi@live.com.au

www.gaaustralia.org.au

Mental Health services

Sunshine Coast Hospital and Health Service - Mental Health and Addiction Service

Mental Health and Addiction Services..... 5202 2217

Sunshine Coast University Hospital general enquiry line

www.health.qld.gov.au/sunshinecoast/mhas

Cultural Healing Program - Indigenous Mental Health

Provides social, emotional, cultural, and spiritual support, incorporating triage, assessment, case management and referral service to other agencies.

Based at Nambour and Gympie.

Nambour..... 5450 4700

Centenary Square, Currie Street M:0414 671 534 or 0419 028 308

Gympie..... 5489 8777

20 Alfred St Gympie M:0419 537 878 or 0439 406 670

Continuing Care Team (CCT)

Provides multi-disciplinary case management for people affected by mental illness which affects their access to community inclusion support services.

Nambour, Centenary Square, Currie Street..... 5450 4700

Maroochydore, 60 Dalton Drive..... 5202 9500

Homeless Health Outreach Team (HHOT) 5319 4800

M: 0438 772 633

Other Government Department (Department of Health and Aged Care)

Head to Health1800 595 212

Mental health support for yourself, someone you care about, or just trying to improve your wellbeing – Head to Health helps all Australians access the services that are right for them and choose the most suitable care options, whether that’s face-to-face, via phone, or online.

www.headtohealth.gov.au

Mental Health services

Acute Mental Health Adult and Adolescent Inpatient Units

Acute mental health inpatient units provide short to medium term inpatient assessment and treatment services for people experiencing serious episodes of mental illnesses, who are unable to be adequately supported in the community.

Inpatient Units:

Nambour, Bunya Ward.....5470 6786 / 5470 6787

Visiting hours 10am to 8pm daily

Sunshine Coast University Hospital

Mental Health Main Reception..... 5202 2266

Adolescent Unit (Rosella Ward)..... 5202 2149

Visiting hours 11am to 12:30pm and 2:30pm to 8:00pm

School holidays: 9am to 8pm

Older Persons Unit (Waratah Ward) 5202 2163

Visiting hours 9am to 8pm daily

Adult Unit (Kamala) 5202 2171

Visiting hours 9am to 8pm daily

MHICU (Melaleuca Ward) 5202 2183

Visiting hours 9am to 8pm daily

ACUTE CARE Team (ACT) - 60 Dalton Drive, Maroochydore 5202 9500

Mental Health Access—Referrals

Telephone 1300 MH CALL (1300 64 22 55), a multidisciplinary telephone triage team that provides 24-hour specialist Mental Health care, to access mental health information and supports when you need it most.

Sunshine Coast areas after hours..... (1300 MH CALL) 1300 64 22 55

24hr outside Sunshine Coast area call 5202 9500

Child and Youth Mental Health - 60 Dalton Drive, Maroochydore 5202 9500

Provides triage assessment and case management for children and Youth 0-18 years. Mental health promotion, prevention, and early intervention. Groups, family therapy and a range of treatment approaches.

Non-Government Mental Health Supports

Primary Health Network (PHN) - Country to Coast Qld (CCQ):

Sunshine Coast 5456 8100

Gympie 5482 6770

Members of the Aboriginal and Torres Strait Islander community can access culturally appropriate care coordination and mental health services provided by culturally competent mental health professionals. Services are supported by Head to Health which help direct patients to the right services.

www.c2coast.org.au/mental-health/

Suicide Call Back Service 1300 659 467

Clients with thoughts, concerned about someone, dealing with loss from suicide and health professional guidance.

www.suicidecallbackservice.org.au

Beyond Blue (24/7) 1300 224 636

iBobbly, A social and emotional wellbeing app for Aboriginal and Torres Strait Islander peoples.

E: info@ibobbly.org.au

www.blackdoginstitute.org.au

R U OK? – www.ruok.org.au/how-to-ask

Encourages people to stay connected and have conversations that can help others through difficult times in their lives (suicide prevention).

Lifeline Crisis Support Line (24 hrs) 13 11 14

13YARN (24/7) 13 92 76

Counselling support for Indigenous Australians. 13YARN is an Aboriginal and Torres Strait Islanders crisis support line. No shame, no judgment, safe place to yarn. You are not alone; we are here for you. Suicide Prevention.

Get the help you need. Run by Lifeline.

Open Minds:

Maroochydore/Gympie 5348 9100

Support people living with mental illness, disability or acquired brain injury.

www.openminds.org.au

Mind and Wellbeing Psychology, Sunshine Coast 5444 6568

www.mindandwellbeing.com

Sexual Health

Sunshine Coast Hospital and Health Service (SCHHS)

Sexual Health Services, Caloundra 3542 5065

Location: Minor Injury and Illness Clinic, Caloundra Health Service, 2 West Terrace.

Culturally appropriate support by a Senior Aboriginal Health Worker. Phone for appointment, self-referrals, STI screening for men and women, contraception consultations, transgender care, HIV, Hep and Prep.

Outreach clinics: Outpatients Department Pod B, Nambour General Hospital (every Thursday and second Friday); Gympie Hospital Dunstan Building (alternate Friday to Nambour).

Services outside SCHHS:

Gympie and District Women’s Health Centre 5483 6588

Counselling service, Sexual and Reproductive Health. Provides pap smears, sexual & reproductive issues, reviewed by a General Practitioner - 21 Alfred Street, Gympie.

www.gwhc.com.au E: contacts@gwhc.com.au

Sexual Assault Helpline 1800 010 120

Laurel Place Counselling and support for sexual and other assault.

Maroochydore 5443 4711

Gympie/Murgon 5482 7911

LGBTIQ+ Supports

Reachout – www.reachout.com/identity

Online information, support and resources about diversity issues, online chats helping community to improve understanding and resilience.

LGBTI Community Ageing Network

Inspiring the wellbeing and inclusion of LGBTI+ seniors on the Sunshine Coast.

www.lgbtican.com.au E: connecting@lgbtican.com.au

Queensland Council for LGBTI Health 3017 1777

www.qc.org.au E: info@qc.org.au

2Spirits Northern Aboriginal & Torres Strait Islander health Alliance – Promoting healthy and inclusive Aboriginal and Torres Strait Islander communities. A health and wellbeing program that is peer led and grassroots based, inclusive initiatives for those who identify as Lesbian, Gay, Bisexual, Trans, Intersex, Sistergirl and Brotherboy. Fees apply.

www.quac.org.au E: 2Spirits@quac.org.au Facebook: [@2SpiritsQUAC](https://www.facebook.com/2SpiritsQUAC)

Relationships Australia—Qld—Rainbow Counselling Program 1300 364 277

www.raq.org.au

Police Station and Court Houses

Police Stations and hotlines:

Beerwah , Beerwah Parade	5436 5222
Caloundra , 1 Gregson Place.....	5439 4444
Coolum , 42-46 South Coolum Rd.....	5440 2777
Gympie , 40 Channon Street	5480 1111
Kawana Waters , 336 Nicklin Way, Bokarina	5413 8700
Maleny , 10 Macadamia Dr	5420 5333
Maroochydore , 13 Cornmeal Pde	5475 2444
Nambour , 170 Currie Street	5459 0200
Palmwoods , 15 Margaret St	5445 0749
Sippy Downs , 205 Sippy Downs Dr.....	5409 1333
Police Link (non-urgent)	131 444
Crimestoppers	1800 333 000

Court Houses:

Caloundra Magistrates	5293 4100
Maroochydore Magistrates	5470 8111
Nambour Magistrates	5374 7900

Murri Court – Maroochydore 0459 956 364

E: George.h@fivebridges.org.au

Referral through legal representation, service providers, family members or self-referral. Once approved by the Court, a Murri Court Entry interview is conducted with the Court Coordinator and one or two Elders or Respected Persons. This process links the client to support services to help them make changes in their lives and stop offending. The Murri Court program usually runs for up to three months however this timeframe can be extended as fits the clients' needs. Clients need to be 18+ years of age, identify as Aboriginal, Torres Strait Islander and/or Australian South Sea Islander, and be pleading guilty to the charges being brought to them.

Legal Services

Aboriginal and Torres Strait Islanders Legal Service (ATSILS)

Legal and welfare representation to Aboriginal and Torres Strait Islander people. Ocean Central, Level 2/Suite 11, 2 Ocean Street, Maroochydore QLD 4558. PO Box 266, Maroochydore QLD 4558

.....5452 7633
or free call 1800 012 255 (all hours)
www.atsils.com.au

Legal Aid Queensland 1300 65 11 88
Maroochydore Office 5451 6900

Family Law, domestic and family violence, consumer rights, victim assist, anti-discrimination, criminal justice, youth issues.

Ground Floor, M1 Building, Duporth Avenue, Maroochydore QLD 4558
PO Box 364, Maroochydore QLD 4558

www.legalaid.qld.gov.au

Indigenous Legal Hotline 1300 650 143
(local call cost) between the hours of 8.00am – 5.30pm weekdays

Queensland Indigenous Family Violence Legal Services (QIFVLS)

..... 1800 887 700

A free legal service for Aboriginal and Torres Strait Islander people affected by family violence or sexual assault, delivering culturally appropriate services across Queensland.

E: help@qifvls.com.au

www.qifvls.com.au

Aboriginal Family Legal Services Qld (AFLSQ) 5356 9261

7/11 Mary Street, Gympie

This service supports families experiencing domestic and family violence with culturally safe guidance, empowering clients to understand their next steps.

Karen McKellar (Court Support/Liaison Officer) – wellbeing and other supports.

Shereene Currie (Paralegal) – onsite Monday to Wednesday.

Services Australia

Centrelink Customer Service Centres

Caloundra, 54 Canberra Tce, Caloundra

Kawana, 113 Pt Cartwright Drive, Buddina

Nambour, Cnr Maud and Currie Street

Gympie, O'Connell Street, Gympie

Indigenous Service Officer - Central Qld Zone

5 Maud Street, Maroochydore QLD 4558 E: qld.iso@servicesaustralia.gov.au

Mailbox monitored daily and forwarded to the ISO who looks after the area of concern.

Indigenous Service Officer—Kingaroy, Cherbourg and Gympie

27 O'Connell Street Gympie Qld 4570 E: qld.iso@servicesaustralia.gov.au

Mailbox monitored daily and forwarded to the ISO who looks after the area of concern.

Call Centres:

Indigenous Call Centre Mon – Fri 8am-5pm..... 1800 136 380

ABSTUDY 1800 132 317

BasicsCard, Balance enquiry 1800 057 111

BasicsCard, Income management and enquiry 1800 132 594

Disability, Sickness and Carers Payment and Allowance 13 27 17

Centrelink Debts and repayments 1800 076 072

Centrelink Employment services 13 28 50

Complaints and Feedback 1800 132 468

Families – Child Care, Partner Pay, Family Tax Benefit 13 61 50

Medicare Australia

(Aboriginal And Torres Strait Islander Access Line) 1800 556 955

MyGov 13 23 07

Youth and Students 13 24 90

Housing

Department of Housing and Public Works – Sunshine Coast area

Help with public rental housing, Bond loans, Rental grants and more.

Maroochydore Mon to Fri 8:30am to 4.30pm.....5352 7333

E: maroochydorehsc@hpw.qld.gov.au (for enquiries outside of new applications or tenancy queries)

E: intakeEnquiries@chde.qld.gov.au (for housing applications)

E: tenancyteam@chde.qld.gov.au (current tenants or about a current tenancy)

www.qld.gov.au/housing/public-community-housing

Kabi Kabi Aboriginal Corporation.....0421 869 116

Housing for Aboriginal and Torres Strait Islander People who are members.

Call above number to discuss membership and eligibility.

E: admin@kabikabi.org.au

Coast to Bay Housing Group Tenant Line.....1300 796 716

or5451 2900

Information and advice on the rights and responsibilities of tenants as well as help to establish and/or maintain housing in the rental market including private and public housing. Property managers for Kabi Kabi Housing owned homes.

E: admin@coast2bay.com.au

www.coast2bay.com.au

Community Action (Gympie).....5482 8959

Supports various programs for community access to affordable housing.

E: housing@communityactiongympie.com.au

Indigenous Business Australia1800 107 107 Serves,

partners and invests with A&TSI people who want to own their

own future. www.iba.gov.au

Residential Tenancies Authority1300 366 311

Homeless Hotline.....1800 474 753

Qld Statewide Tenant Advice and Referral Service (QStars).....1300 744 263

Free independent advice and referral service – tenancy matters, financial counselling service.

www.qstars.org.au

Aboriginal and Torres Strait Islander Resources

Aboriginal and Torres Strait Islander Health Division

Working to improve Aboriginal and Torres Strait Islander health outcomes, communication, cooperation and problem solving between the various services in health – www.health.qld.gov.au/public-health/groups/atsihealth

Link Up 1800 200 855

Support for people separated from family and culture.

www.link-upqld.org.au E: contact@link-upqld.org.au

Australian Indigenous Health Infonet

Information on Aboriginal and Torres Strait Islander health statistics and resources

www.healthinfonet.ecu.edu.au

ANTaR (Australians for Native Title and Reconciliation) (02) 9280 0060

Working to support justice, rights and respect for Aboriginal and Torres Strait Islander peoples in Australia – antar.org.au

Australian Institute of Aboriginal and Torres Strait Islander Studies (AIATSIS)

Help with family history searches; information on languages; artefacts and artworks; research and publications; workshops, and training. aiatsis.gov.au

Department of Treaty, Aboriginal and Torres Strait Islander Partnerships, Communities and the Arts

Whole of government leadership in policy, coordination, monitoring and delivery of services to Aboriginal and Torres Strait Islander people in Qld, specialising in cultural heritage, social policy, employment and business development, reconciliation and more. 13 74 68

www.dsdsatsip.qld.gov.au E: enquiries@dsdsatsip.qld.gov.au

Supply Nation 1300 055 298

Online directory of Indigenous businesses across Australia. supplynation.org.au

Sunshine Coast Reconciliation Group Inc 0430 711 355

Fiona McGill (Chairperson). Promoting reconciliation across the coast by improving education and encouraging mutually respectful and engaging relationships for all.

E: info@scrgi.org.au

Office of the Registrar of Indigenous Corporations (ORIC) 1800 622 431

Register of Aboriginal and Torres Strait Islander Corporations. Free templates, model rules, checklist, and publications.

www.ofic.gov.au E: info@oric.gov.au

Aboriginal and Torres Strait Islander Resources

WellMob (Edith Cowan University WA)

These resource sheets for workers are short-cuts to the best resources regarding common wellbeing issues to use with clients/patients, families, communities, and carers. They are designed to assist practitioners and the wellbeing workforce to quickly source the best digital tools on WellMob on specific topics to use in both client-based roles and in health promotion and education work. The resources include videos, written information, podcasts, apps, and websites.

www.wellmob.org.au

National Indigenous Australians Agency (NIAA) Resource Centre 1800 079 098

The NIAA works in genuine partnership to enable the self-determination and aspirations of First Nations communities. We lead and influence change across government to ensure Aboriginal and Torres Strait Islander peoples have a say in the decisions that affect them.

Brisbane Office 3037 4600

www.niaa.gov.au E: sqregion@official.niaa.gov.au

North Coast Aboriginal Corporation for Community health (NCACCH)

www.ncacch.org.au/resources

Cultural Connections

Gubbi Gubbi Dance Troupe 0408 446 446

Providing cultural connections through dance, art, traditional welcomes and workshops.

Facebook: [@gubbigubbidance](https://www.facebook.com/gubbigubbidance)

Jinibara People Aboriginal Corporation (JPAC) 0492 993 343

Providing Welcome to Country, cultural heritage advice, talks, workshops, and the Jinibara Emerging Dance Troupe. 87 Woodrow Road, Woodford QLD 4514

E: admin@ahspecialists.com.au

Nungeena Aboriginal Corporation for Women's Business 5496 9766

Supporting Women and families through rekindling cultural and spiritual connections. Located in Glasshouse Mountains

www.nungeena.org.au E: admin@nungeeena.org.au

Transport Help

Royal Brisbane and Women's Hospital (RBWH) 3646 4154
After Hours3647 4183 or 0428 861 888
Team Leader 0408 472 385
Indigenous Hospital Liaison Service – located within the RBWH at Metro MNHHS.
Additional support for patients and their escorts travelling from regional Qld. Referrals can be made directly by phone or via email.
E: RBWH_IHLS_Referral@health.qld.gov.au

Department of Transport & Main Roads, Registration and licensing 13 23 80
Concessions available for eligible people in Qld via Main Roads.

Community Alternative Transport, SunCare..... 1800 786 227

Home Support program (IUIH) 1800 802 265
Nambour office..... 5476 1716
Clients must be currently on a support package with IUIH.

Transport Support:
Comlink 1300 761 011
E: services@comlinkaustralia.com.au
www.comlinkaustralia.com.au

Flexilink service (Suncoast Cabs booking line) 1300 511 163
www.suncoastcabs.com.au/2-dollar-flexilink

Council Link – for over 60's or people with a disability 441 8856
www.sunshinecoast.qld.gov.au

SCHHS Transport Hub 5470 5848

Patient Travel Subsidy Scheme (Qld Health) external contact 5470 5957
www.qld.gov.au/health/services/travel/subsidies

Carers that Drive..... 0403 696 690
Operations Manager – Alison Piper
Office hours: Mon-Fri 9am – 4.30pm
Hourly charge/New Client Form and Waiver Form to be completed prior to the day of booking.
E: infoqldsc@carersthathdrive.com.au or info@carersthathdrive.com.au

Transport Help

Queensland Community Support Scheme 1800 600 300
or 07 3028 9360

The QCSS can help you get out into your community, helping with:

- Shopping, banks, or post office
- Activities like going to social groups or the library
- Linking to supports and services in the community to improve independence and connection to community

Aboriginal and Torres Strait Islander persons under 50 years old & are not eligible for NDIS support can apply by calling, emailing, or registering online.

W: www.serviceavailabilityregister.com.au or

E: QCSSaccesspoint@ozcare.org.au

Managing Debt

National Debt Hotline 1800 007 007

Mob Strong Debt hotline 1800 808 488

Job Search Help

Indigenous WorkStars..... 5334 9911
Room 403, Level 4, 5 Discovery Court, Birtinya
E: info@workstars.com.au

Community Solutions (Workforce)
Bokarina, Caloundra, Coolum..... 1300 621 499
Client will be given direct contact number to relevant team when signed up.

Learning to Drive

Murri's on the Move Driving School.....0414 464 034
www.motm.org.au

Murri's on the Move Cultural Learner Licence Program.....0429 924 351
E: CLLP@motm.org.au
www.cllp.motm.org.au

Education and Employment:

University of the Sunshine Coast (USC) - Sippy Downs

General enquiries 5430 1234
Future student enquiries 5430 2890
Indigenous Services 5456 5889
Barunga Centre (staffed Mon to Fri 9am to 4pm) – Meet, connect, and study in culturally safe spaces, alongside Aboriginal and Torres Strait Islander students Elders, staff, and community.
Nga Tana Lui Dhar: The Yarning Circle of Life (Burunga Centre Garden), Billabong, fire pit, reflection space and yarning circle.

www.usc.edu.au/about/aboriginal-and-torres-strait-islander-engagement

TAFE Queensland—Sunshine Coast

General Enquiries..... 1300 308 233
www.tafeqld.edu.au
Indigenous Student Support Officers (ISSO) Brandon Thompson
(based in Bundaberg, covers SE QLD) 4150 5860
E: Brandon.Thompson@TAFEQLD.edu.au
Assistance with enrolment, ABSTUDY enquiries, tutor support and referrals to community services and personal supports.

www.tafeqld.edu.au/current-students/support-services

Education Queensland—Aboriginal and Torres Strait Islander Team

South East Region 5656 6688
E: Enquiries.SER@qed.qld.gov.au
School Watch 13 17 88

www.education.qld.gov.au/students/aboriginal-torres-strait-islander-education

SevGen.....0431 454 333

An Indigenous led community development initiative powered by social enterprises model: with and for community. Creating wellness through connection and relationships.

www.sevgen.com.au

E: Terri@sevgen.com.au

Community Organisations

PHN (Country to Coast Qld).....5443 3599

Central Qld, Wide Bay, Sunshine Coast. Working with NCACCH to connect to services for culturally safe GP's and child health nurses, chronic disease management programs, help to stop smoking, Men's, and Women's health.

www.c2coast.org.au

North Coast Aboriginal Corporation for Community Health (NCACCH)

North Coast Aboriginal Corporation for Community Health (NCACCH) is an Aboriginal Community Controlled Health Service located at Birtinya on the Sunshine Coast, Queensland. NCACCH provides health services to the Aboriginal and/or Torres Strait Islander community members residing in the Sunshine Coast and Gympie region.

E: admin-gympie@ncacch.org.au

www.ncacch.org.au

Offices are located in Birtinya and Gympie:

8/8 Innovation Parkway, Birtinya5346 9800

E: admin@ncacch.org.au

Aboriginal Medical Service, 31 Excelsior Road, Gympie 5329 5872

E: admin-gympie@ncacch.org.au

Institute for Urban Indigenous Health (UIIH)..... 1800 802 265

Nambour office..... 5476 1716

Offer a diverse range of culturally appropriate support services such as over 50's home support, child and maternal health, preventative and allied health.

www.iuih.org.au

YouTurn Youth Support

Child safety, homelessness, mental health (12-25 yrs.), suicide prevention.

Tewantin, 12 Ernest Street (Head office).....5442 4277

Maroochydore, 1/27 Evans Street (Headspace)5409 4900

Gympie, 30 Duke Street (Headspace).....5482 1075

E: reception@youturn.org.au

www.youturn.org.au

Community First Development1800 819 542

Supporting communities to implement their own solutions.

www.communityfirstdevelopment.org.au

Community Organisations

Footprints Community 1800 366 877 or 3252 3488

Footprints Community is a well-regarded not-for-profit provider of community-based services, working in the community for over 30 years. We specialise in working with older people, those that experience disability, mental illness, as well as those who are at risk of homelessness. (Aged Care Services, NDIS, Community Services, Housing Support and Homelessness, Mental Health Services).

Footprints Community is proud to commence its care finder service program funded through the Australian Government's Primary Health Network. The care finder service provides practical support for vulnerable older Australians to access aged care and community services. Footprints care finders provide intensive, personalised and locally specialised support as needed throughout much of Queensland and Northern NSW. Footprints Community has a care finder team to support people who are eligible for government-funded aged care but have no one else to support them to access these services.

E: admin@footprintscommunity.org.au

www.footprintscommunity.org.au

Nambour Community Centre, 2 Shearer St, Nambour 5441 4724

Programs, counselling, information, and referrals for community clients seeking support.

E: reception@nambourcc.org

www.nambourcc.org

Integrated Family and Youth Service (IFYS) 5438 3000

Working closely with businesses, corporations, governments, and other charities we deliver accommodation, child protection, disability, family support and youth transition services throughout the State of Queensland.

Integrated Family and Youth Service aims to provide opportunities, in accepting environments, for children, young people and families to take responsibility for their own lives and to assist them to actively participate in the community of their choice. www.ifys.com.au

[com.au](http://www.ifys.com.au)

Refocus Child and Family Wellbeing Hub 5442 3992

Gympie office 5417 4483

Redirecting and Empowering Families through Culturally Unique Services.

Petrie Creek Rd, Rosemount Qld 4560

E: info@refocus.org.au

www.refocus.org.au

Gunyah of Wellness

Aboriginal and Torres Strait Islander Health Hub 5363 0070

Community Organisations

A health clinic offering a range of services to improve physical, mental, spiritual, and family health.

Suncare Community Services 1800 786 227

Social support and respite, personal care, transport, home and garden maintenance and modifications, housekeeping and domestic assistance, meal service and preparation, allied health and clinical services, NDIS, nursing. Assistance via My Aged Care assessment and referrals.

www.suncare.org.au

Mingary Care (Palliative Supports) 5479 0881

Crisis palliative care, End-of-Life care (in-home palliative care services)

Managing Director: Sue Mason-Baker 0418 246 383

E: support@mingarycare.org.au (and on Facebook)

Relationships Australia—Queensland 1300 364 277

Advice, counselling, and courses to help improve relationships within families and our community. Mon-Fri 8am-8pm, Sat 10am-4pm

www.raq.org.au/contact

Community Solutions 1300 621 499

Together, we work with Aboriginal and Torres Strait Islander peoples to maintain and strengthen the connection to country and culture. Recruitment opportunities.

www.communitysolutions.org.au

Bloomhill Cancer Care 5445 5794

Counselling and support for persons and families living with cancer.

E: admin@bloomhill.com.au

www.bloomhill.com.au

Suncoast Christian Care 5441 4877

Support for community, with low-cost food items and emergency assistance.

www.suncoastchristiancare.com.au

Uniting Care 5452 9797

Inclusive and diverse healthcare and community supports for Aboriginal and Torres Strait Islander people in Queensland and Northern Territory.

E: admin.sc@uccommunity.org.au

www.unitingcareqld.com.au

Community Action (Gympie) 5482 8959

Services include community housing, support services and accommodation for young

Community Organisations

people, support services and accommodation for women and children escaping domestic and family violence, and financial counselling.

www.communityactiongympie.com.au

Gympie and District Women's Health Centre.....5483 6588

Providing counselling, Women's Sexual Health support, yoga groups and more.

E: gwhealth@spiderweb.com.au

www.gwhc.com.au

Laurel Place

Aims to educate community on the prevention and awareness of sexual assault issues and supporting people affected by sexual violence.

Gympie/Murgon.....5482 7911

Maroochydore5443 4711

www.laurelplace.com.au

Indigenous WorkStars (Bokarina).....5334 9911

Linking industry and employers with Indigenous employees across Australia by providing comprehensive advertising, recruitment and job seeker mentoring.

E: info@workstars.com.au

www.workstars.com.au

Murri's on the Move 0414 464 034

For help accessing the Cultural Learner Licence Program and driving lessons.

www.motm.org.au

Goodbut "To Give" by Mulumba

Tells the story of our Aboriginal and Torres Strait Islander Health Team, from one of our Hospital Liaison Officers.

The centre shows Sunshine Coast Hospital and Health Service—A&TSI Health Team giving care and support. Corner circles represent each team in Aboriginal and Torres Strait Islander Health at Sunshine Coast Hospital and Health Service. Smaller circles are our community groups and organisations, who we connect with to provide care. Travelling lines demonstrate the connection between community and the health system—never ending. People's representative of Men's and Women's business. The variation of colours represent the different people, groups, countrymen, clans, clients, and families from all over Australia—sea, desert, and forest areas. The integration of colours represent the integration of services and peoples towards one common goal—TO GIVE.





Your own contacts:

Your own contacts:

Aboriginal and Torres Strait Islander Services Reference Guide



Sunshine Coast
Hospital and Health Service



Queensland
Government

This patient publication was developed with input from consumers. The Sunshine Coast Hospital and Health Service is accredited by the Australian Council on Healthcare Standards, for more information see www.safetyandquality.gov.au or ask a member of staff.