

Nursing - Community Nursing

Unit Profile - Mental Health - Continuing Care Team South (CCT [S])

Location

Maroochydore Hub
60 Dalton Drive
Maroochydore
Phone: (07) 5202 9500

Shift Times

Shift times are outlined on the student roster provided before each placement period. These will vary between clinical areas due to the specific requirements of each unit. Operationally we are unable to accommodate roster changes.

- Monday to Friday roster, no weekends.
- No public holidays.

Placement Details

The Mental Health and Specialised Services Team aim to work together to assist individuals with mental health and addiction illnesses to realise their optimal potential as individuals and as valued citizens of the community through facilitating access to comprehensive, recovery-orientated mental health system that improves mental health for Queenslanders.

The Continuing Care Team South supports consumers with chronic, long standing and severe mental illness and also includes the Sunshine Coast Eating Disorder Service.

This multidisciplinary team are committed to mental health service delivery, collaborative working style and being responsive to consumers and ensure their care is person centred, recovery orientated, evidence based and inclusive of families and carers.

Learning Objectives/Opportunities

There are many learning opportunities available for students, below are some that can be achieved while on placement (with consideration of the student's scope of practice):

- Care planning, time management and prioritisation skills
- Teamwork and communication skills including escalation of care
- Clinical handover and communicating with the multi-disciplinary team (MDT)
- Deeper understanding of the patient journey through the Hospital and Health Service (HHS)
- Patient assessment skills
- Knowledge of Mental State Examinations (MSE)
- Increase knowledge of psychotropic medication
- Understanding the role of the clozapine clinic
- Liaising with and referring to non-government organisation (NGO) services

- Recognising a deteriorating patient/relapse prevention
- Knowledge of the Mental health Act 2016
- Risk assessments
- Safe medication administration and management
- Self-care
- Consumer Integrated Mental Health and Addiction (CIMHA) and documentation
- Diagnosis and education – Diagnostic and Statistical Manual of Mental Disorders (DSM)
- Stages of recovery
- Alcohol/other drugs, dual diagnosis
- Metabolic monitoring
- National Disability and Insurance Scheme (NDIS) applications
- Supporting housing option
- Referring to outside agencies for employment, supports, help in benefits etc.
- Referring to Queensland Civil and Administrative Tribunal (QCAT) for decisions around accommodation/services and finances

Pre-reading/revisiting

Students are encouraged to review their learning utilising education provider resources or professional programs on the following topics:

- Assessment of mental health status
- Mental health disorders
- Mental Health care
- Law and ethics and an understanding of the Mental Health Act QLD
- [Mental Health Professional Online Development](#)
- Complete the CIMHA training as part of orientation